

AGN. NO. ____

MOTION BY SUPERVISOR ZEV YAROSLAVSKY

May 17, 2011

On Monday, May 23, 2011, Let's Erase the Stigma Educational Foundation (LETS) in partnership with the Department of Mental Health will host its First Annual Youth Summit at the California Endowment. This inaugural event will give youth a platform to take leadership in mental health issues.

The summit will focus on mental health and social inclusion, where 250 diverse high school students from LA County will spend the day talking openly about mental illness and stigma.

Suicide is the third leading cause of death among adolescents and sadly, only three out of ten individuals who need help seek help. It is more important than ever to spread the word that mental illness is something that no one should be afraid to talk about.

Let's Erase the Stigma Educational Foundation is an organization for youth. It is dedicated to changing the perception of mental illness through educational programs that raise youth interest in mental health where previously there has been little involvement.

Dedicating this annual day to outreach and education will encourage our youth,

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teachers, friends, families, and health care providers in the Los Angeles Community to support our young people both before and during adolescence when so many psychiatric disorders first become apparent.

I, THEREFORE, MOVE that the Board of Supervisors proclaim Monday, May 23, 2011, as “Let’s Erase the Stigma Youth Day” to honor LETS’ First Annual Youth Summit and to motivate others to join in erasing the stigma of mental illness.

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